

## HIGHLIGHT



### INITIATION AND ENGAGEMENT

Initiation and engagement rates for Vermonters with Medicaid is higher for opioids than other states, but similar for alcohol and other substances. National rates of initiation and engagement are trending down slightly, while Vermont rates are staying flat or increasing, depending on the substance.

**“From conversations with Vermont’s leaders, it is clear Vermont views equitable access to high-quality mental health and substance use care as a right for all Vermonters.”**

– Brett Beckerson, Director of Public Policy and Advocacy, National Council of Behavioral Well-Being

# Comprehensive Substance Use Disorder Treatment Services



### VCP AGENCIES ARE HERE FOR VERMONTERS IN RECOVERY

Nine VCP network agencies provide treatment as preferred providers with the Vermont Alcohol and Drug Abuse Prevention [ADAP] Program. All agencies provide co-occurring mental health and substance use disorder treatment using evidence-based practices.

Services include medication assisted treatment [MAT], intensive outpatient programs, individual and group therapy, community supports, and service coordination.

### IMPACT

Comprehensive Substance Use Disorder Treatment Services

Eight network agencies provide treatment as Preferred Providers in the Vermont Department of Substance Use [DSU] Program. All agencies provide co-occurring mental health and substance use disorder treatment using evidence-based practices, such as medication-assisted treatment, intensive outpatient program, therapy, community-based supports, and care coordination.

- Vermont ranked 45th nationally in prevalence for substance use disorders for adults and 48th for youth according to Mental Health America 2023.

### REACH

- Network agencies reached 4,821 Vermonters with substance use disorder services. Over 25% of those services were opioid use disorder services.
- Network agencies improved access to substance use treatment in 2022 by providing 30% of services via telehealth to 60% of clients



UCS presented Bess O'Brien's Vermont-based movie "The Hungry Heart," followed by a panel discussion with community members.