

HIGHLIGHT



NCSS Community Rehabilitation Team Recognizes its Nursing Team



Clinicians at Work at the UCS Equine Assisted Therapy Program

“From conversations with Vermont’s leaders, it is clear Vermont views equitable access to high-quality mental health and substance use care as a right for all Vermonters.”

– Brett Beckerson, Director of Public Policy and Advocacy, National Council of Behavioral Well-Being

Adult Mental Health Services



PROGRAM DESCRIPTION

VCP network agencies provide a continuum of adult mental health services, from those with serious mental illness to those who may be starting therapy for the first time. Network agencies served over 9,600 Vermonters in adult mental health programs this year, including 2,475 Vermonters with serious mental illness.

Services go far beyond a weekly or monthly appointment with a licensed mental health professional. Agency staff develop individualized treatment plans with each client based on the person’s unique challenges, strengths, and life circumstances, and work to meet their needs with trauma-informed evidence-based practices.

ACCESS TO CARE

- 64% of network agency clients were seen within 5 days of contact, and 61.5% of clients received a follow-up appointment within 14 days.
- Over 74% of clients were screened for depression, substance use, and trauma at intake
- In 2022, Vermont was ranked #1 nationally by Mental Health America for having the fewest in number of people with mental illness who receive no treatment.

PERSON-CENTERED

- Through chart reviews, DMH found that 89% of clinical assessments were strengths-based
- 79% of treatment plans had goals that were actionable and recovery oriented: All DAs - IPC goals are actionable and recovery-oriented

IN FY22, OVER 1.3 MILLION HOURS OF SERVICE TO CLIENTS WITH SERIOUS MENTAL ILLNESS

