



Vermont's Statewide Local Youth and Adult Mental Health First Aid Coordinator Contact List

Northeast Kingdom Human Services

Janet Hussey Monette
2225 Portland Street (P.O. Box 368)
St. Johnsbury, VT 05819
jmonette@nkhs.net
802-334-6744 ext 2135
802-748-3181 x 1164

Lamoille County Mental Health Services

Chris Glowac
72 Harrel Street
Morrisville, VT 05661
ChristinaG@lamoille.org
888- 5026 Ext. 171

Health Care and Rehabilitation Services of Southeastern VT

Jack Heddon
390 River Street
Springfield, VT 05156
jheddon@hcrs.org
802-886-4567

Howard Center

Kristen Rajewski
1138 Pine Street
Burlington, VT 05401
krajewski@howardcenter.org
802-488-6000 ext. 6726

Northwestern Counseling and Support Services

Holly Reed
130 Fisher Pond Rd
St. Albans, VT 05478
Holly.Reed@ncssinc.org
802-782-5481

Rutland Mental Health Services

Tom Cox
78 S Main St
Rutland, VT 05701
tcx@rmhscn.org
(802) 775-2381



United Counseling Services

Amie Niles
100 Ledgehill Rd,
Bennington,VT 05201
ANiles@UCSVT.org
(802) 442-5491

Clara Martin Center

Kristin Briggs
11 Main St.
Randolph VT 05060
kbriggs@ClaraMartin.org
802-728-4466

Washington County Mental Health Services

Mike Uthmann
885 South Barre Rd
South Barre VT, 05670
Mike.Uthmann@wcmhs.org
802-229-1399 ext 702

Refugee/Immigrant Communities

Ester Doh
UVM College of Medicine/UVM LEND
477 RE4 (room 4318 Rehab Wing, UHC)
1 South Prospect St.
Burlington, VT 05401-3456
ester.doh@uvm.edu
802-656-4291

If there is not a contact person in your region, please contact Lance Metayer, VCP's Statewide Coordinator, at Lance.Metayer@ncssinc.org.